

Cameron School District
2021-2023 School-Based Mental Health Grant
Quarterly Update

Date: May 24, 2022

Leadership Team Members: Joe Leschisin, District Administrator
Jolene Severt, Mental Health Navigator
Courtney Knickerbocker, Director of Special Ed. & Assessment
Chris Crowe, North Star Academy Director

Mental Health Workgroup: Courtney Knickerbocker, Director of Special Ed. & Assessment
Jolene Severt, Mental Health Navigator
Chris Crowe, North Star Academy Director
Julie Olson, Elementary School Guidance Counselor
Andrea Pearson, Middle School Guidance Counselor
Kim Sanborn, High School Guidance Counselor
Cory Martens, Elementary School Principal
Hans Schmidt, Middle School Principal
John Meznarich, High School Principal

Student Outcome Priority Statement #1

Based on 2019 YRBS data, students in the Cameron middle school and high school reported higher rates of depression, anxiety and suicidal ideation than the regional CESA 11 data. In addition, 39.4% of Cameron high school students report that they do not know what to do if they have mental health needs.

SMART Goal to Address Student Outcome Priority Statement #1

By June 2022, the district will reduce the number of students identifying mental health concerns to at or below regional norms as measured by a locally designed data collection process.

Student Outcome Priority Statement #2

In a broad survey of students, only 42.5% of Cameron students report that the school does a good job of supporting student mental health needs. In a broad survey of students who are currently receiving mental health services and their parents, 68% of students report that they would like more mental health services; 100% report that they would access those services if they were available and 78.6% would recommend their peers utilize those services.

SMART Goal to Address Student Outcome Priority Statement #2

By June 2023, 60% of Cameron students and families will report effective support of their mental health needs as reported on district-level data collection sources.

Agenda

Community-Based Provider Update

- Currently have an MOU in place with Family Therapy Associates and Northlakes Community Clinics.
- For the 2021-2022 school year
 - 40 students received mental health therapy from a community based provider at school

- 13 student received mental health therapy from a community based provider at another agency / clinic
- 20 students participated in psycho-educational groups (2 elementary groups, 1 middle school group)
- 8 students participated in a co-facilitated group at NSA

Mental Health Workgroup

- Professional development plan for staff
 - 21-22
 - Frank Kros
 - Several sessions presented by Frank Kros over the course of the school year
 - All staff were invited to attend
 - QPR, Strengthening Families instructor training for select staff
 - 22-23
 - Based on staff feedback / evaluation
 - By building / age level
 - Smaller group with the opportunity for more discussion
- Implement a student/family mental health literacy framework
 - Parent Empowerment Event
 - April 7, 2022
 - 13 parents attended
 - Presenters - Jes Springer and Kaleena VanderWyst - mental health therapists from Northlakes Community Clinics
 - [Parent Empowerment Event Exit Evaluation](#)
 - 22-23
 - Potentially offer 2-3 events
 - Topics split by age / grade
- Design, plan, and implement data collection process
 - Staff
 - Over 90% of our teachers indicated they tried to implement at least one of 15 strategies presented by Frank Kros
 - Additional feedback / comments from staff indicated a need for age / grade based strategies with smaller groups with the opportunity for more discussion
 - Students
 - [Student Engagement Survey - Fall to Spring](#)
 - Youth Risk Behavior Survey - results not yet released
 - Parents
 - Parent survey for potential topics for family events
 - Parent Empowerment Exit Evaluation