

Cameron School District  
2021-2023 School-Based Mental Health Grant  
Quarterly Update

Date: November 29, 2021

Leadership Team Members: Joe Leschisin, District Administrator  
Jolene Severt, Mental Health Navigator  
Courtney Knickerbocker, Director of Special Ed. & Assessment  
Chris Crowe, North Star Academy Director

Mental Health Workgroup: Courtney Knickerbocker, Director of Special Ed. & Assessment  
Jolene Severt, Mental Health Navigator  
Chris Crowe, North Star Academy Director  
Julie Olson, Elementary School Guidance Counselor  
Andrea Pearson, Middle School Guidance Counselor  
Kim Sanborn, High School Guidance Counselor  
Cory Martens, Elementary School Principal  
Hans Schmidt, Middle School Principal  
John Meznarich, High School Principal

Student Outcome Priority Statement #1

Based on 2019 YRBS data, students in the Cameron middle school and high school reported higher rates of depression, anxiety and suicidal ideation than the regional CESA 11 data. In addition, 39.4% of Cameron high school students report that they do not know what to do if they have mental health needs.

*SMART Goal to Address Student Outcome Priority Statement #1*

*By June 2022, the district will reduce the number of students identifying mental health concerns to at or below regional norms as measured by a locally designed data collection process.*

Student Outcome Priority Statement #2

In a broad survey of students, only 42.5% of Cameron students report that the school does a good job of supporting student mental health needs. In a broad survey of students who are currently receiving mental health services and their parents, 68% of students report that they would like more mental health services; 100% report that they would access those services if they were available and 78.6% would recommend their peers utilize those services.

*SMART Goal to Address Student Outcome Priority Statement #2*

*By June 2023, 60% of Cameron students and families will report effective support of their mental health needs as reported on district-level data collection sources.*

Agenda

Community-Based Provider Update

- Currently have an MOU in place with Family Therapy Associates. We used to have Marriage and Family Health Services out of Rice Lake, but that organization closed in October.
- 8 students receiving therapy from a community-based provider

- 9 referrals pending approval from insurance
- 2 new referrals made today

#### Mental Health Workgroup

- Professional development plan for staff – Fall 2021
  - 21-22 Frank Kros
  - 22-23 will be developed late winter / early spring with feedback from staff
- Implement a student/family mental health literacy framework – Winter 2022 – Spring 2023
  - Mental health newsletters prepared by Jolene Severt
  - Family night – March 17, 2022
- Design, plan, and implement data collection process – Spring 2022
  - Staff
    - Focused on collecting feedback regarding professional development
    - 83.4% - training offered by Frank Kros helped them better understand student mental health needs
    - 81.9% - tools provided by Frank Kros are useful or very useful in meeting student mental health needs
    - 92.7% - supported continued professional development with Frank Kros
  - Students
    - Direct survey of high school students – Spring 2021
    - Youth Risk Behavior Survey
    - Future student focus groups
  - Parents
    - Targeted parent survey – Spring 2021
    - Parent survey regarding potential topics for family night
    - Plan to survey parents after March 2022 family night
- Mental health resource mapping – Spring 2022