

Updated Quarantine Guidelines

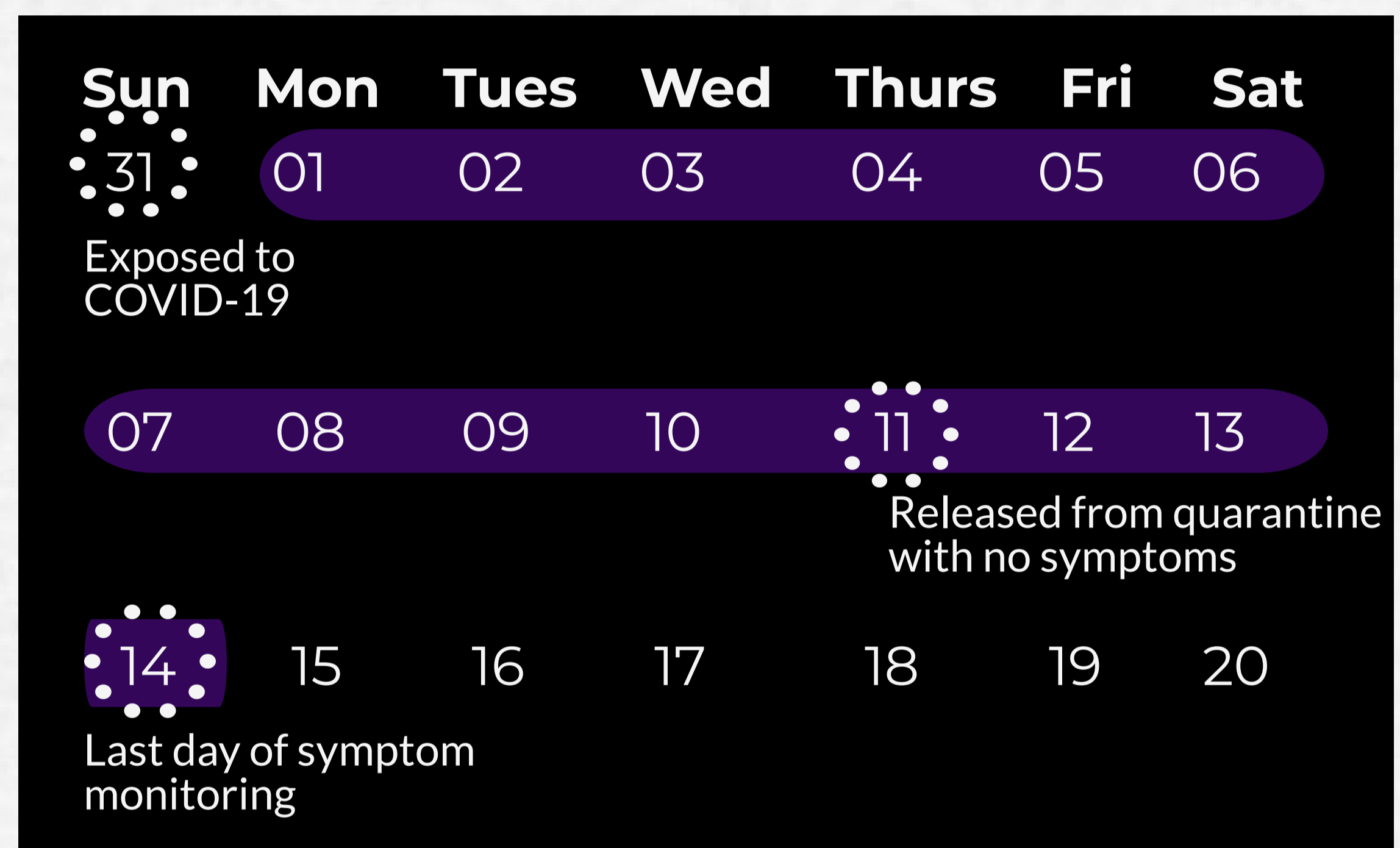
In line with Wisconsin DHS and CDC guidance, BCPH will implement the following on Monday, December 7th

A 14 day quarantine is still the best way to prevent the spread of COVID-19

Options to reduce quarantine:

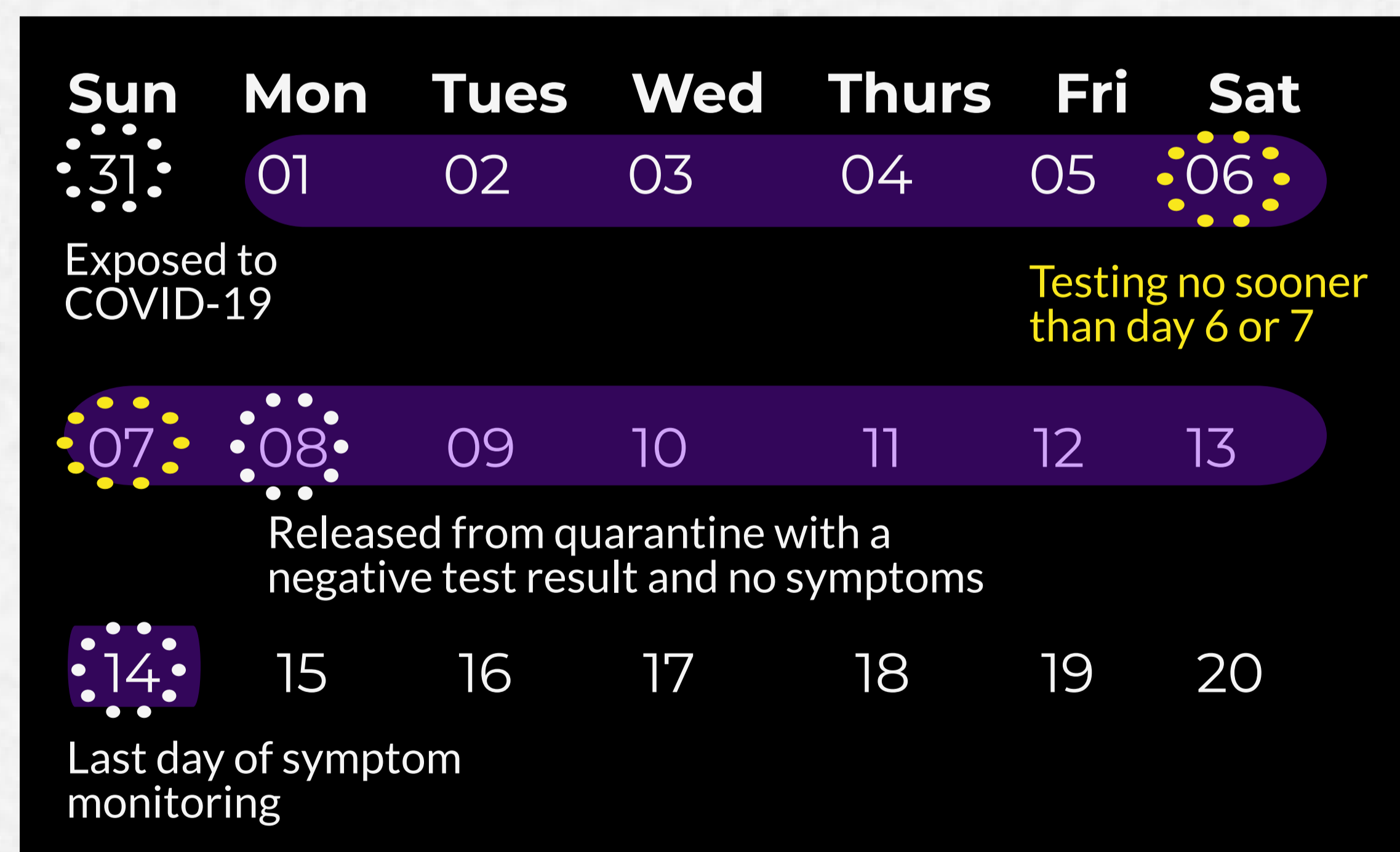
Quarantine can end after day 10 IF:

- ✓ No symptoms have developed
- ✓ Symptom monitoring continues through day 14



Quarantine can end after day 7 IF:

- ✓ Negative test on day 6 or 7
- ✓ No symptoms have developed
- ✓ Symptom monitoring continues through day 14



- If symptoms develop at any time during the 14 days after exposure you must isolate right away.
- For every option you must continue wearing a mask, social distancing, and avoiding gatherings for the full 14 days.
- **Shortened quarantine times may not be appropriate in all settings, such as high-risk and group settings and should be determined on a case by case basis.**