Updated Quarantine Guidelines

In line with Wisconsin DHS and CDC guidance, BCPH will implement the following on Monday, December 7th

A 14 day quarantine is still the best way to prevent the spread of COVID-19

Options to reduce quarantine:

Quarantine can end after day 10 IF:

- No symptoms have developed
- Symptom monitoring continues through day 14

Sun	Mon	Tues	Wed	Thurs	Fri	Sat		
• 31 •	01	02	03	04	05	06		
Exposed to COVID-19								
07	80	09	10	11	12	13		
				Released from quarantine with no symptoms				
Last day monitor	15 of sympting	16 com	17	18	19	20		

Quarantine can end after day 7 IF:

- Negative test on day 6 or 7
- No symptoms have developed
- Symptom monitoring continues through day 14

Sun	Mon	Tues	Wed	Thurs	Fri	Sat			
•31	01	02	03	04	05	06			
Exposed COVID-						g no sooner ay 6 or 7			
07	-08	09	10	11	12	13			
Released from quarantine with a negative test result and no symptoms									
•14•	15	16	17	18	19	20			
Last day of symptom monitoring									

- If symptoms develop at any time during the 14 days after exposure you must isolate right away.
- For every option you must continue wearing a mask, social distancing, and avoiding gatherings for the full 14 days.
- Shortened quarantine times may not be appropriate in all settings, such as high-risk and group settings and should be determined on a case by case basis.