

FEBRUARY 2018

CAMERON SCHOOL DISTRICT

2017-18 BREAKFAST PROGRAM PRICES-

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW...

BEFORE JULIUS CAESAR'S CALENDAR REFORM OF 45BC, FEBRUARY WAS THE ONLY MONTH WITH AN EVEN NUMBER OF DAYS. ALL THE REST HAD 29 OR 31.

5

BREAKFAST BURRITO
SALSA

DICE PEACHES

6

BANANA BREAD

FRESH FRUIT-

7

PANCAKES/SYRUP
EGG PATTY

STRAWBERRIES

8

WG BAGEL
FRUIT YOGURT CUP

FRESH FRUIT

9

WG NUTRIGRAIN BAR
WG GOLDFISH PRETZELS

DICED PEARS

12

BREAKFAST PIZZA
PRETZEL ROLL/SALSA

FRESH FRUIT

13

WG TRIX OR COCOA PUFF
BREAKFAST BAR
YORURT CUP

APPLESAUCE

14

FRENCH TOAST STICKS
SYRUP

STRAWBERRY CUP

15

CINNAMON ROLL
WG GRAHAMS

BLUEBERRIES

16

MUFFIN CHOICE
LITE STRING CHEESE

FRESH FRUIT

19



NO SCHOOL!

20

WG POPTART
BAGEL

FRESH FRUIT

21

YOGURT PARFAIT
WG CHOCOLATE CHIP
OATMEAL BAR

DICED PEACHES

22

WG SOFT PRETZEL
CHEESE DIP'N SAUCE

CRAISINS/RAISINS
FRESH FRUIT

23

CHEESE OMELET
WG TOAST/JELLY

MANDARIN ORANGES

26

ENGLISH MUFFIN
ELF GRAHAMS

FRESH FRUIT

27

NUTRIGRAIN BAR
WG CHEESE IT CRACKERS

FRESH FRUIT

28

TOASTED CHEESE
STRIPS
WG ANIMAL CRACKERS

DICED PEACHES

1

YOGURT PARFAIT
SCOOPY GRAHAMS

DICE PEACHES

2

SAUSAGE & CHEESE
BREAKFAST SANDWICH

FRESH FRUIT-



KG-12TH GRADE
\$1.35/DAY
\$ 6.75/WEEK
ELE-\$22.95 MS/HS- \$25.65/ MONTH
(ANY STUDENT THAT QUALIFIES FOR FREE OR REDUCED RATE LUNCHQUALIFIES FOR FREE BREAKFAST)
ADULTS/GUESTS-\$2.00/DAY
** MILK/JUICE CHOICE WITH EVERY MEAL**

OFFER-VS-SERVE

Students Are Offered At Least 4 Items Following Guidelines For School Breakfast Programs Set By The USDA

Students must select at least 3 of the food items which should include 1/2 c of fruit, juice and/or vegetable menued at the beginning of the service line to count as a complete meal under the USDA guidelines.

ITEMS ALSO AVAILABLE AT THE MS & HS (ONLY!) when menued (SUBJECT TO CHANGE)

For those who have a positive balance in their account and a signed ala carte permission

slip on file with the food service

ADD'L ENTRÉE-	\$1.25
YOGURT PARFAIT-	\$1.25
BREAKFAST BAR-	\$.90
STRING CHEESE-	\$.75
CEREAL/CRACKER-	\$.60
4 OZ YOGURT CUP-	\$.60
FRUIT-	\$.50
4 OZ JUICE-	\$.50
8 OZ MILK-	\$.35

Menu and Nutritionals subject to change due to availability of products



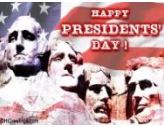
Please read product labels when available or ask a Food Service worker for assistance.

This institution is an Equal Opportunity Provider.

CAMERON LUNCH MENU FEBRUARY 2018

<p style="text-align: center;">OFFER VS SERVE MEAL PATTERN</p> <p>Students are offered 5 Food Components</p> <p>Meat/Meat Alternate-</p> <p>Grain -All grains are whole grain rich</p> <p>Fruit-Fresh, frozen, canned in juice or light syrup <u>only</u></p> <p>Vegetable- Fresh, frozen, canned</p> <p>Under USDA guidelines <u>students</u> are asked to take a ½ cup</p> <p>Fruit ,Vegetable or combination <u>daily</u> on their lunch tray</p> <p>Milk-At least 2 choices offered daily consisting of:</p> <p>Low-fat or fat free white or fat free flavored</p> <p>STUDENTS must select 3 full Food components offered to receive the hot lunch rate otherwise ala carte prices will be applied</p> <p>MS/HS ARE OFFERED ALTERNATIVE OPTION DAILY</p>	<p>LUNCH PRICES ARE:</p> <p>ELEMENTARY Kg-4th \$2.40</p> <p>MIDDLE 5-8th \$2.70</p> <p>HIGH SCHOOL 9-12th \$2.80</p> <p>REDUCED- Kg-12th \$.40</p> <p>PAY SCALE - FEBRUARY</p> <p>DAYS-17 Elem- Kg-4th \$40.80</p> <p>DAYS-19 MS- 5-8th \$51.30</p> <p>DAYS-19 HS- 9-12th \$53.20</p> <p><i>REDUCED= ELE- \$6.80 MS/HS-\$7.60</i></p> <p><i>ADD'L ENTRÉE-\$1.75</i></p> <p><i>ADULTS/GUESTS=\$3.50</i></p> <p><i>GUEST CHILD UNDER 5-\$2.80</i></p>	<p>PARENTS ARE ENCOURAGED TO EAT LUNCH WITH THEIR CHILD</p> <p>-IF YOU PLAN ON HAVING LUNCH PLEASE CALL THE SCHOOL OFFICE BY 8:15 A.M. THE DAY YOU PLAN TO EAT.</p> <p>-PLEASE MAKE PAYMENT IN THE SCHOOL OFFICE PRIOR TO ENTERING THE CAFETERIA.</p> <p style="text-align: center;">****PLEASE NOTE****</p> <p>You are not able to use your child's account to purchase a meal.</p>	<p style="text-align: center;">Menu subject to change due to availability of product!!!</p> <p style="text-align: center;">View the menu @ www.cameron.k12.wi.us</p> <p style="text-align: center;">PLEASE MAKE SURE YOUR CHILDS (RENS) LUNCH ACCT. HAS A POSITIVE BALANCE AT ALL TIMES</p> <hr/> <p style="text-align: center;">"THIS INSTITUTION IS AN EQUAL OPPURTUNITY PROVIDER."</p> <hr/> <p style="text-align: center;">REMINDER-BREAKFAST IS AVAILABLE DAILY AT THE ELE & MS CAFÉ FOR \$1.35. NO CHARGE FOR THOSE QUALIFYING FOR FREE OR REDUCED LUNCH</p>
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-ALL MEALS ARE SERVED WITH ASSORTED FRESH VEGETABLES -AND CHOICE OF 1%, SKIM, OR CHOCOLATE SKIM MILK-

Monday	Tuesday	Wednesday	Thursday	Friday
			1 BBQ PORK/WG BUN COOKED SLICED CARROTS GRAHAM CRACKERS DICED PEARS <i>ALT-CHEF SALAD</i>	2 WG PIZZA CALZONE HOT CALIFORNIA BLEND VEGGIES SALAD GREENS/WG SALTINES PINEAPPLE TIDBITS/JUICE CUP  <i>ALT- TACO SALAD</i>
5 HAMBURGER PATTY WG BUN BAKED BEANS FRESH FRUIT <i>ALT-CHICKEN CAESAR WRAP</i>	6 NACHOS/ CORN TORTILLA CHIPS STEAMED CORN FIXINGS STRAWBERRY APPLESAUCE <i>ALT- CHICKEN CHEESE GARDEN SALAD</i>	7 DICED CHICKEN/ALFREDO SAUCE WG PASTA/GARLIC BREADSTICK STEAMED BROCCOLI FLORETS FRESH FRUIT <i>ALT- CHEF SALAD</i>	8 WG MINI CORN DOGS COOKED CARROTS SALAD GREENS FRESH FRUIT <i>ALT- HAM & CHEESE SUB- SANDWICH</i>	9 DELI TURKEY & CHEESE SUB-SANDWICH WARM BABY PEAS CHIPS DICED PEACHES <i>ALT- TACO SALAD</i>
12 WG CHICKEN NUGGETS/ DIP'N SAUCE WG RICE A RONI CALIFORNIA BLEND VEGGIES WG DINNER ROLL FRESH FRUIT <i>ALT- CHEF SALAD</i>	13 TACOS WG FLOUR TORTILLA BAKED BEANS WG GARLIC TOAST ORANGE AMBROSIA <i>ALT-CHICKEN CAESAR WRAP</i>	14 WG CHEESE PIZZA GREEN BEANS SALAD GREENS FROZEN JUICE SLUSHY WG DINNER ROLL(HS)  <i>ALT- CHICKEN CHEESE GARDEN SALAD</i>	15 BAKED POTATO WEDGES DICED HAM/CHEESE SAUCE STEAMED BROCCOLI WG DINNER ROLL/GRAHAM CRACKERS DICED PEARS <i>ALT- HAM & CHEESE SUB- SANDWICH</i>	16 WG FRENCH TOAST STICKS/SYRUP WG CINNAMON BREADSTICK YOGURT CUP COOKED CORN STRAWBERRIES <i>ALT- TACO SALAD</i>
19 VACATION DAY! 	20 WG BREADED CHICKEN PATTY ON WG BUN STEAMED GREEN PEAS FRESH FRUIT <i>ALT- CHEF SALAD</i>	21 ITALIAN MEAT SAUCE WG ROTINI COOKED CORN GARLIC TOAST ROUND FRESH FRUIT <i>ALT- HAM & CHEESE SUB- SANDWICH</i>	22 HAMBURGER WG BUN BAKED BEANS FRESH FRUIT KETCHUP/ MUSTARD <i>ALT- CHICKEN CHEESE GARDEN SALAD</i>	23 MOZZARELLA PIZZA DIPPERS DIP'N SAUCE STEAMED CARROTS PINEAPPLE TIDBITS DINNER ROLL(HS) <i>ALT- TACO SALAD</i>
26 MEATBALL SUB SANDWICH ON WG BUN STEAMED BROCCOLI FLORETS SALAD GREENS/GRAHAM CRACKERS DICED PEACHES <i>ALT- CHICKEN CHEESE GARDEN SALAD</i>	27 CHICKEN FAJITA WG FLOUR TORTILLA WG ROLL BAKED BEANS FRESH FRUIT <i>ALT- CHEF SALAD</i>	28 ROAST PORK WHIPPED POTATOES /GRAVY STEAMED PEAS WG DINNER ROLL CRANBERRY/ CINNAMON APPLE SLCS <i>ALT-CHICKEN CAESAR WRAP</i>		